

# **"Die to your OLD-SELF, so your NEW SELF can be born."**

**What was great this past year?**

**What was your favorite memory?**

**What were you proud of?**

**What was your greatest achievement?**

**What was your greatest lesson?**

**What was unacceptable from that year, in other word...  
What can you do BETTER?**

**What lessons could you take into this next year to make  
sure you are in a better position in 12 months time?**

**What are your 3 major goals this year?**

- 1.**
- 2.**
- 3.**

**Write down the steps you will take to MAKE CERTAIN you  
will achieve each major goal.**

- 1.**
- 2.**
- 3.**

